

## Meet Mary Kathryn Helm

Mary is the lively, energetic and optimistic young business owner of **Simply Clean**.

The addition of her business **Simply Concierge**, fell into place in answer to many of her existing cleaning client's needs. Mary's determination in recent COVID times allowed her to maintain **Simply Clean**, and enhance her offerings by creating **Simply Concierge**, which serves the personal needs of second home-owners, rental property owners and seniors in the greater Rutland area.



A native Vermonter growing up in rural Vermont, Mary cultivated a love of the outdoors and received a bachelor's degree in Forestry. Her parents, both small business owners, instilled a strong work ethic and moral values which guided her in opening her businesses.

When Mary is not working you can find her in the gym, hiking in the woods, in a hot yoga class or spending time with her fur babies. After 4 body building competitions and 6 years of training, in 2021 Mary achieved Natural Body Building Pro status.

With a strong list of references (available upon request), there is no question that Mary and **Simply Concierge** will serve you and your loved ones with the utmost respect, energy and attention you deserve.

### WE ALSO OFFER

home, rental and apartment cleaning via **Simply Clean**.

Please visit our website [www.simplycleanvt.com](http://www.simplycleanvt.com)

for more information, or give us a call at

**802.287.1120**